

Inland Empire Breastfeeding Coalition presents:

FREE Virtual General Education Session

Lactation After Loss



Objectives:

1. Understand the Physical and Emotional Aspects of Lactation After Loss: Learn about the physiological processes of lactation that continue after a baby's death, and how these may interact with the emotional trauma of loss.
2. Identify Effective Strategies for Managing Lactation Suppression or Continuation.
3. Develop Compassionate Communication Skills for Supporting Grieving Mothers: To provide sensitive and empathetic support to women navigating lactation challenges after loss, respecting their emotional needs and personal choices.

November 19th 2024
12:30-2:00pm PT
Register for Zoom Link

\$10 - 1.5 L CERPs/CEUs/1.0 BRN offered IBCLE CERP areas:
Psychology, Sociology, and Anthropology



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This session focuses on providing support to women experiencing lactation after the loss of a baby. It explores the physical and emotional challenges of lactation during grief, offering practical strategies for safely managing milk production—whether through suppression or continuation. Participants will learn about milk donation and expression as potential options for emotional healing. The session also emphasizes compassionate communication skills, equipping attendees with the tools to offer empathetic and respectful support to grieving mothers as they navigate this difficult experience.

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